



FIVE STAR DINING

at Bloom Senior Living Communities

Our professionally trained Culinary Team offers Bloom Senior Living's signature Five Star Dining Program. Every day, we provide made-from-scratch meals that are delicious and nutritious, and we use only the freshest seasonal ingredients. Understanding how important great food is to our residents, our Executive Chef is consistently introducing exciting new cuisine, including Bloom Senior Living's staple family recipes, for the community to enjoy. With a rich assortment of menu options at every meal, our residents are always satisfied.

"I love having meals cooked and served to me after doing everything myself for 59 years.

Dining is also a very social time where I get to enjoy all my new friends."

-Bloom at Bluffton Resident



from our culinary team

TODAY'S MENU

APPETIZERS

Ceasar Salad

crisp hearts of romaine tossed with freshly grated parmigiano reggiano, homemade garlic croutons and creamy Caesar dressing (add grilled chicken)

Classic French Onion Soup

with crostini & melted gruyère cheese

MAIN COURSE

Sesame Chicken Stir Fry

with vegetables in a ginger teriyaki sauce, served over rice

Traditional Spaghetti & Meatballs

fresh plum tomato sauce over tender noodles, topped with Italian meatballs

Fresh Pacific Salmon

your choice of grilled or pan-roasted

The BSL Burger

with romaine lettuce, freshly-sliced beefsteak tomato & cheddar cheese

Fresh Roasted Turkey Sandwich

with brie cheese & honey mustard on a bakery fresh baguette

Eggs Your Way

three farm-fresh eggs scrambled, poached or omelet style, with roasted potatoes

ACCOMPANIMENTS

Steamed Broccoli

Seasoned Sweet Potato Fries

Macaroni & Four Cheeses

DESSERTS

Fresh-Cut Seasonal Fruit

Hot Fudge Sundae

Warm Jumbo Chocolate Chip Cookie

Triple Chocolate Layer Cake